July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anything Highlighted is the priority for the month	Weights/speed 7-9:30 Football 9:30-12 Weights Speed/12-1:30 Baseball 4:00pm	Weights/speed 7-9:30 Football 9:30-12 Weights Speed/12-1:30 Baseball 4:00pm	3 Baseball 4:00pm	NO PRACTICES	5 Baseball 4:00pm	6
7 Main Gym Closed for painting from July1-July 14.	8 Weights/speed 7-9:30am Football 9:30-12pm Weights/speed 12-1:30pm Baseball Playoffs-TBA	9 Weights/speed 7-9:30am Football 9:30-12pm Baseball Playoffs-TBA Weights/speed 12-1:30pm	Weights/speed 7-9:30am Football 9:30-12pm Carthage Camp- football Weights/speed 12-1:30pm Baseball Playoffs-TBA	Weights/speed 7-9:30am Football 9:30-12pm Carthage Camp- Football Weights/speed 12-1:30pm Baseball Playoffs-TBA	Basketball open gym-6-8pm Baseball Playoffs-TBA	13
14	Weights/speed 7-9:30am Volleyball 8-12pm Football 9:30-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:45-8:15pm Baseball Playoffs-TBA Passing League- Prospect HS- 5-7 pm	Weights/speed 7-9:30am Volleyball 8-12pm Football 9:30-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm Baseball Playoffs-TBA	Weights/speed 7-9:30am Carthage Football Camp Volleyball 8-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm Baseball Playoffs-TBA	Weights/speed 7-9:30am Carthage Football Camp Volleyball 8-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm Baseball Playoffs-TBA	Volleyball 8-12 Carthage Football Camp Basketball open gym-6-8pm Baseball Playoffs-TBA	20
21	22	23	24	25	26	27

	Weights/speed 7-9:30am Volleyball 8-12pm Football 9:30-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm Passing League- Prospect HS 5-7pm	Weights/speed 7-9:30am Volleyball 8-12pm Football 9:30-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm	Weights/speed 7-9:30am Volleyball 8-12pm Football 9:30-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm	Weights/speed 7-9:30am Volleyball 8-12pm Football 9:30-12pm Weights/speed 12-1:30pm Girls Soccer-5-6:30 pm Boys Soccer 6:30-8pm	Football 9:30-12pm Basketball open gym-6- 8pm	
28	Weights/speed 7-9:30am Football 9:30-12pm Weights/speed 12-1:30pm	30 Weights/speed 7-9:30am Football 9:30-12pm Weights/speed 12-1:30pm	31 Weights/speed 7-9:30am Football 9:30-12pm Weights/speed 12-1:30pm	Aug1 Weights/speed 7-9:30am Football 9:30-12pm Weights/speed 12-1:30pm	Aug2	3
Aug4	5 IHSA Dead Week No Practices	6 IHSA Dead Week No Practices	7 IHSA Dead Week No Practices	8 IHSA Dead Week No Practices	9 IHSA Dead Week No Practices	10



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