

Dr. Steve Koch  
Principal

Kevin Koeppen  
Vice Principal

Amy Langelund  
Dean of Students (A-K)

Haley Roeder  
Dean of Students (L-Z)

Sarah Schwartz  
Student Services  
Coordinator

Mark Gilbert  
Athletic Director

School Counselors:  
Missy Berg  
(A-FI)

Sue Smits  
(FJ-LE)

Anne Nemshick  
(LI-RE)

Daren Dusenske  
(RI-Z)



# PRAIRIE RIDGE HIGH SCHOOL SUMMER NEWSLETTER 2022

Happy summer, PRHS families!

PRHS is anticipating a new school year with hope and excitement as we look to put the turbulent prior two years behind us. Last year brought us a return to school events like Friday Night Lights, a rebirth of creative new traditions like Senior Sunrise / Sunset, and a resurgence of that PRHS school spirit! We can't wait to keep that momentum going as we Bring Back the Pack!

You'll receive more information about the new year soon, when you'll hear about a renewed focus on post-secondary / career exploration. Classes will emphasize relevance for career skills and provide experiences that establish connections between content and the real world. Families will be introduced to a system called Schoolinks which will help to chart students' long term planning and to document their career experiences.

Additionally, you'll hear about behavioral expectations as we transition back to a "normal" school year. Unsurprisingly, a two-year interruption of traditional school provided time for new habits to form; educators have seen a need to explicitly reteach skills that were previously assumed to be part of a students' repertoire, such as how to work collaboratively and treat one another. We'll be asking for your partnership in re-establishing our expectations of academic excellence, including banning cell phones in classrooms. This in particular I can promise will be enforced so that students can fully engage in their learning.

I encourage our families to get involved! Join our boosters (fine arts and/or athletics), attend our events, join our Wolf-PAC (parent advisory committee). Contact me directly at [skoch@d155.org](mailto:skoch@d155.org) for more information. Students: join clubs, participate in activities, and connect with as many people as possible! Share and celebrate our school via Twitter using @PrairieRidgeHS or my @SKochPR, and on Facebook. During the year, a weekly Wolfbites email has timely announcements, as does our website. You can mark your calendars for Distribution Days on August 2-4, a Freshman Family Orientation Night on August 4 (6:30 p.m. in the PR theater) and September 7, for Open House.

Whether you are a PRHS veteran family or new to our Wolf Pack: welcome to our great school! I hope you learn to love the maroon and silver as I do. Go Wolves!

Sincerely,  
Dr. Steve Koch  
Principal

6000 Dvorak Drive  
Crystal Lake, IL 60012

Main: (815) 479-0404

Attendance:  
(815) 893-5600

<https://pr.d155.org/>

## Connect with Us

[@PrairieRidgeHighSchool](https://www.facebook.com/PrairieRidgeHighSchool)

[@PrairieRidgeHS](https://twitter.com/PrairieRidgeHS)

[@prairieridge\\_hs](https://www.instagram.com/prairieridge_hs)

# DISTRIBUTION DAYS

All students must attend their designated distribution day. Please park in the upper parking lot and enter Door #2 (Event Entrance). Students will receive their class schedule, textbooks, and student ID. Yearbook pictures will also be taken for incoming freshmen, sophomores, and juniors. For incoming seniors, proof of vaccination against meningococcal disease must be turned in prior to or at distribution day. For incoming freshmen, a completed physical is required for entrance into distribution day. Make-up registration is Wednesday, August 10; 12:15 - 2:15 p.m.

## SENIORS (ALL) & JUNIORS (A-M) TUESDAY, AUGUST 2

## JUNIORS (N-Z) & SOPHOMORES (ALL) WEDNESDAY, AUGUST 3

## FRESHMAN (ALL) THURSDAY, AUGUST 4

Student's Last Name	Time	Student's Last Name	Time	Student's Last Name	Time
Seniors (A-G)	11:00 a.m. - 12:00 p.m.	Juniors (N-R)	11:00 a.m. - 12:00 p.m.	Freshman (A-D)	11:00 a.m. - 12:00 p.m.
Seniors (H-M)	12:00 p.m. - 1:00 p.m.	Juniors (S-Z)	12:00 p.m. - 1:00 p.m.	Freshman (E-H)	12:00 p.m. - 1:00 p.m.
Seniors (N-Q)	1:00 p.m. - 2:00 p.m.	Soph. (A-F)	1:00 p.m. - 2:00 p.m.	Freshman (I-L)	1:00 p.m. - 2:00 p.m.
Closed	2:00 p.m. - 3:00 p.m.	Closed	2:00 p.m. - 3:00 p.m.	Closed	2:00 p.m. - 3:00 p.m.
Seniors (R-Z)	3:00 p.m. - 4:00 p.m.	Soph. (G-M)	3:00 p.m. - 4:00 p.m.	Freshman (M-P)	3:00 p.m. - 4:00 p.m.
Juniors (A-F)	4:00 p.m. - 5:00 p.m.	Soph. (N-S)	4:00 p.m. - 5:00 p.m.	Freshman (Q-T)	4:00 p.m. - 5:00 p.m.
Juniors (G-M)	5:00 p.m. - 6:00 p.m.	Soph. (T-Z)	5:00 p.m. - 6:00 p.m.	Freshman (U-Z)	5:00 p.m. - 6:00 p.m.

**\*\*All students/parents must complete the student information, fee payment and Distribution Day steps for the Registration process. There will be no cashier on duty these days, so all fees will need to be paid prior to Distribution Days. Computers will be available if families would like to add optional items for the student (activity ticket, etc.)**



All freshman must bring the following materials to Distribution Day:

- Current physical examination on the school health form, signed by physician (dated within one year of registration)
- Proof of up-to-date immunizations recorded on the school health form and signed by the health provider.

The school nurse will be present to verify all required health documents.



# SCHOOL INFORMATION



## STUDENT ID'S & YEARBOOK PICTURES

Every student's ID picture will be taken on Distribution Day. Please come prepared to be photographed. This photo will be used in the yearbook (for freshmen, sophomores, juniors) and on all student IDs. Any student unable to have his/her yearbook photo taken on distribution day will have an opportunity during retakes in October. Students who were unable to get an ID picture taken may get their ID picture taken in the deans' office once school starts. Students are required to carry their ID at all times while at school. It serves as their library card, bus pass, work-release, lunch release, and activity ticket, and is required for textbook sign-out and admittance to study hall, the library, commons, and math & literacy center. Juniors and seniors approved for open campus will present their ID when entering and exiting the building. The replacement cost for a lost or altered card is \$5.



## TRANSPORTATION

Buses will not run on distribution days and Freshman Orientation. Buses begin running on August 11, the first day of school. Bus route and stop information will be mailed to each student's home in August. Bus schedules and information will be available on freshman distribution day should you have any questions.



## CHROMEBOOK DISTRIBUTION

Chromebooks will be distributed to freshmen, Class of 2026 and transfer students during distribution days, as part of the district's one-to-one computing program. For parents that may not have access to a computer to update student information or make an online fee payment, computers are available at Prairie Ridge during the summer. Stop in Monday - Thursday (7 a.m. - 3 p.m.) or Fridays (7 a.m. - 11 a.m.).

## YEARBOOK INFORMATION

The ONLY way to purchase a yearbook is online at [www.jostens.com](http://www.jostens.com), or visit this [direct link](#) for Prairie Ridge High School. The cost of the yearbook is \$47.

## FRESHMAN & TRANSFER STUDENT ORIENTATION

To help freshmen begin their Prairie Ridge experience more smoothly, we will conduct Freshman Orientation on Wednesday, August 10. The orientation program will consist of an assembly in the gym followed by a variety of team-building activities led by a group of juniors and seniors who have been selected as Link Leaders. These leaders will serve as mentors to the incoming freshmen throughout the year and they will be inviting them to participate in a variety of school related activities. Orientation will start promptly at 8:00 a.m. in the North Gym and end at noon. Please be sure your student dresses comfortably: shorts and shoes are appropriate. They will be sitting in bleachers and on the floor. Students will not be following their schedule. Students may look for their classrooms on Freshman Distribution Day, during which time Link Leaders will be throughout the building to help.

# STUDENT SERVICES

Student Services encompasses much more than scheduling. Parents and students should feel free to stop in or call our office with any social-emotional needs as our department includes counselors, social workers, a psychologist, and a school nurse. In addition, students and parents have access to our College and Career Center to research various post-high school educational and career options. Student transcripts are also maintained by the Student Services Office.

## COUNSELOR CASELOAD

Student caseloads are determined by alphabet.  
Contact: (815) 479-0404

Missy Berg	(A-FI)	ext. 5113
Sue Smits	(FJ-LE)	ext. 5117
Anne Nemshick	(LI-RE)	ext. 5116
Daren Dusenske	(RI-Z)	ext. 5114
Sarah Schwartz	Student Services Coordinator	

Please know that we maintain an open-door policy. Any student can see any counselor with whom he or she feels comfortable; however, the assigned counselor as noted above is the primary case manager and maintains all files and records generated for the student.



## COUNSELOR SUMMER HOURS:

School counselors will be available in the front foyer on August 2, 3, 4, and 10. The only schedule changes allowed will be for errors (i.e. schedule has Spanish IV, but should have Spanish III).



## ACADEMIC ASSISTANCE

Should your student struggle academically, we strongly suggest that you contact their teacher as a starting point. Our teachers are happy to meet individually with students to provide additional assistance before school, perhaps during your student's study hall or lunch, or even after school. If you notice that your student is struggling in multiple classes, please telephone your student's counselor. They are able to set up a meeting with you, your student, and all necessary teachers. Through this process, your student may be considered for other interventions. These might include smaller guided study halls, or assistance in our literacy and math centers.



## STUDENT SERVICES ONLINE RESOURCES

For a wealth of information about scholarships, post-high school options, ACT/SAT testing, college representative visits, and financial aid, please visit the Student Services website at <https://pr.d155.org/student-services>.

# SCHOOL PROCEDURES

## ATTENDANCE

Because irregular or poor attendance denies the student opportunities to maximize benefits from teachers and fellow students, the following policies have been adopted:

- A parent or guardian must call the school each day a student misses all or part of his/her school day.
- You may leave information on the automated voice mail system 24 hours a day, or you may call the switchboard between the hours of 7 a.m. and 4 p.m.
- Written notes are not acceptable to excuse absences.
- A student is only allowed NINE days of absence without question, per semester, provided there is a call from a parent. (*Note: Absences that are valid and accompanied by supporting documentation are not counted toward the nine days of absence.*) Please see the student handbook or the website for further information.

24-Hour Attendance Hotline:  
(815)-893-5600

## CELL PHONE USE

Prairie Ridge students are allowed to use their cell phones ONLY during passing periods and their lunch period. All other times the phone must be OFF AND PUT AWAY. If a student's phone rings or they are using it during non-designated times, it will be taken by the teacher and given to the dean. On the first offense, the student may pick up their phone after school and will receive a two-hour detention. The second offense will be a two-hour detention and a parent will have to pick up the phone. For three or more offenses, additional discipline may be given.

## ATTENDANCE NOTIFICATIONS

Prairie Ridge will use an automated calling system to alert parents when their student is considered absent/ truant. The notification system also allows the school to communicate via text message. Parents and guardians who gave permission to be called and/or texted and provided a mobile phone number during online registration will receive attendance notifications. Parents and guardians can revoke this consent at any time by notifying Shannon Podzimek, director of communications, [spodzimek@d155.org](mailto:spodzimek@d155.org), or by following the instructions in the automated phone call or text messages. Please ensure that your primary number stays up-to-date throughout the year so that we can provide you with pertinent information if necessary.



## EMERGENCY ALERT NOTIFICATIONS

District 155 uses an automated calling system to alert parents of emergency situations including weather closings. In most cases, the system uses the primary phone number listed in Family Access. Please ensure that your primary number stays up-to-date throughout the year so that we can provide you with pertinent information if necessary.

# SCHOOL PROCEDURES

## SCHOOL VISITORS

Parents or others visiting during the school day should:

- Park in a "Visitors" space.
- Enter the building through the main door.
- Press the button to be buzzed in.
- Sign in at the greeter's desk in the office.

For the school's security, all visitors must present a valid driver's license or state ID to be scanned through a national database. You must leave your license/ID at the front desk while visiting Prairie Ridge, and it will be returned to you upon check-out.

## STUDENT PARKING

Due to limited space, only juniors and seniors may park in the student lot. A permit must be purchased at the cost of \$150.00. Permits are limited. Emergency, one-day parking privileges are available for \$5.00 per day. Please see the deans' secretary for details.

## DRIVER EDUCATION

State law requires that no student be permitted to take driver's education courses unless he/she has received a passing grade in at least eight credit-carrying courses during the previous two semesters of school. All students enrolled in Behind-the-Wheel driver's education must pay a \$235.00 fee due at registration plus the Secretary of State permit fee of \$20.00 due on the first day of class. Students will fill out the permit application on the first day of class.

## SCHOOL LUNCHES

District 155 allows students to use their ID card to make cafeteria purchases. The cashless purchase program allows a student/parent to add money to the ID by clicking the "Food Service" link in Skyward Family Access.

## LUNCH RELEASE

Seniors and juniors may be granted lunch release privileges with their parent's/guardian's permission. Lunch release forms can be picked up during distribution day and returned on the first day of school.

No freshmen or sophomores are allowed to leave campus during lunch. If a student chooses to violate this rule, consequences may include a four-hour detention for the first offense.

## FREE OR REDUCED LUNCH

Applications should be completed and returned before Distribution Day. To apply, parents must complete a financial needs application. Fee waiver forms will be available in July.

If you have any questions regarding the direct certification process or about the forms, please call the Student Services Office at (815) 479-0404 ext. 5110.

## STUDENT HANDBOOK



The student handbook includes all school rules and regulations on academics, student conduct, student attire & dress, attendance, transportation, athletics, and activities.

Parents and students must become familiar with the content of the student handbook, which is available on the school's [website](#). All students will be held accountable for the information found in the handbook.

# SCHOOL PROCEDURES



## CLASS SCHEDULES

### DAILY CLASS SCHEDULE

Period	Time
0*	6:30 - 7:15 a.m.*
1	7:25 - 8:10 a.m.
2	8:15 - 9:00 a.m.
3	9:05 - 9:50 a.m.
4	9:55 - 10:40 a.m.
5	10:45 - 11:30 a.m.
6	11:35 a.m. - 12:20 p.m.
7	12:25 - 1:10 p.m.
8	1:15 - 2:00 p.m.
9	2:05 - 2:50 p.m.

### LATE START MONDAY CLASS SCHEDULE

Period	Time
0*	6:30 - 7:10 a.m.*
1	8:10 - 8:50 a.m.
2	8:55 - 9:35 a.m.
3	9:40 - 10:20 a.m.
4	10:25 - 11:05 a.m.
5	11:10 - 11:50 a.m.
6	11:55 a.m. - 12:35 p.m.
7	12:40 - 1:20 p.m.
8	1:25 - 2:05 p.m.
9	2:10 - 2:50 p.m.

### EARLY RELEASE CLASS SCHEDULE

Period	Time
0*	6:43 - 7:15 a.m.*
1	7:25 - 7:57 a.m.
2	8:02 - 8:34 a.m.
3	8:39 - 9:11 a.m.
4	9:16 - 9:48 a.m.
5	9:53 - 10:25 a.m.
6	10:30 - 11:02 a.m.
7	11:07 - 11:39 a.m.
8	11:44 a.m. - 12:16 p.m.
9	12:21 - 12:53 p.m.

**\*\*Only students enrolled in zero hour will begin at 6:30 a.m.\*\***



# HEALTH SERVICES

## FRESHMAN REQUIREMENTS

### FRESHMAN PHYSICALS

All freshmen are required by law to complete a physical exam within 12 months of Freshman Distribution Day, August 4, 2022. Physicals conducted between August 5, 2021 - August 4, 2022 will satisfy this requirement.

The exam must be documented by a physician using the state approved form available to [download here](#) and the parent must complete the Health History section.

***\*\*Please note that Athletic physicals do not meet the requirements for students entering 9th grade.***

### FRESHMAN DENTAL EXAMS

All freshmen are also required to submit proof of a dental exam within 18 months of the start of freshman year.

The exam must be documented by a physician using the state approved form available to [download here](#).



You have two options to submit the State of Illinois Certificate of Child Health Examination and School Dental Examination forms. You can email the forms to your school nurse:

Prairie Ridge

[prnurse@d155.org](mailto:prnurse@d155.org)

Or you have the option to bring the forms to Distribution Day in August. This will be your ticket into Freshman Distribution Day.

## SENIOR REQUIREMENTS

### MENINGITIS VACCINATION

All seniors must meet Illinois Department of Public Health immunization requirements for meningococcal disease prior to the start of 12th grade.

Proof of vaccination must be provided prior to Senior Distribution Day, August 2, 2022.

## ALL STUDENTS

### MEDICATION FORM

Any student needing to take medication (prescription and/or over-the counter) must have a Medication Form on file with the school nurse. Forms must be submitted annually. The form is available to [download here](#).

### ASTHMA ACTION PLAN

Students who have asthma are required to have an "Asthma Action Plan." It must be kept on file in the school nurse's office. The form is available to [download here](#).



## SCHOOL NURSE

A student who becomes ill at any time during the day should obtain a pass from a teacher and go to the nurse's office. If the illness is of a nature which requires a student to be sent home, the nurse will issue a pass to leave school. A student may not go home due to illness without permission from the nurse.

## EMERGENCY CONTACT & HEALTH INFORMATION

Emergency contact and health information may be updated by the parent/guardian at any time during the school year. This emergency information is important to your child's welfare in the event of an illness or injury occurring at school. Updates and corrections can be made in Skyward Family Access under "For Parents", "General Information", and then "Student Information". Click "Request change(s) to my child's information" and save any changes.

# ATHLETICS

Information about athletic teams, forms, tryouts, and practices is available on the [website](#). You will also find game cancellation notices, schedule updates, driving directions, scores, rosters, news, and other announcements.

## ATHLETIC DEPARTMENT

Athletic Director: Mark Gilbert

Assistant Athletic Directors:  
Kristin McGowan (Aug. - Nov.),  
Chris Schremp (Dec. - June)

Athletic Secretary: Janie Piccolo

Athletic Trainer: Anna Holke Naranjo



## FOOTBALL GAMES

Football season will soon be here, and we remind you that junior high (or younger) children need to be chaperoned by an adult during our football games. Please help us create a safe environment both on and off the football field, especially during the varsity games. In the past, we have been concerned for the safety of many young people who are running around and not seated with a parent or adult supervisor during the game. It is most difficult for us to supervise large numbers of children who are unaccompanied by an adult. We encourage you to attend our football games and to cheer on the Wolves with your children seated next to you. Thank you for your help.

## ATHLETIC FEES

Student athletic participation fees for 2022-23 are \$100 per sport, with a student maximum of \$200 per student, and a family maximum of \$400 per household.

Athletic fees will be due after rosters have been finalized. The athletic fee will be posted in Skyward Family Access. Athletic fee payments can be completed through Skyward Family Access. After logging in, go to "Fee Management" to pay the fees associated with your student. Discover, Visa, and MasterCard are accepted for online payment. Athletic fees can be paid in person at school in the front office. Checks are payable to Community High School District 155. The athletic participation fee(s) will be waived for students who qualify and apply for fee waivers.

District 155 has a no refund policy after the first IHSA event/contest. Athletes who quit their sport prior to the first IHSA event/contest are eligible for a full refund, but must meet the following conditions:

- Notify the coach and athletic office (Athlete should notify coach and athletic office via email)
- Must be cleared of all uniform/equipment rentals by coach

## 2022 HOME FOOTBALL GAMES

SEPTEMBER 9  
VS. HUNTLEY

SEPTEMBER 23  
VS. CARY-GROVE

OCTOBER 7  
VS. DUNDEE CROWN  
\*HOMECOMING\*

OCTOBER 21  
VS. CRYSTAL  
LAKE CENTRAL

# ATHLETICS

## ADMISSION PRICE TO ATHLETIC EVENTS

Admission prices to Fox Valley Conference and other athletic contests are \$5.00 for adults, \$3.00 for students with ID cards and \$2.00 for children in 5th grade and younger. Football, volleyball, boys/girls basketball and wrestling home events are free if a student has a PR activity ticket. Costs for IHSA tournament events may differ, and no passes can be accepted for such events.

## ATHLETIC & ACTIVITY PASS

Prairie Ridge students with an activity pass are admitted to all non-IHSA tournament athletic and non-fundraising musical events at Prairie Ridge.

## SEASON PASSES

A limited amount of season tickets for football and volleyball events will be on sale during Meet the Teams night on August 19 at 5:30 p.m. and the season's first games. Season tickets allow entrance to all home games except IHSA tournament and playoff events.

## GOLDEN AGE PASSES

For those in the community who are over the age of 60, a Golden Age Pass is provided at no charge. Anyone wishing to obtain a Golden Age Pass for our activities should contact Mrs. Dolan in the Principal's Office. The pass may be used to gain admittance to all school-sponsored activities throughout the district for the holder and his/her spouse. Please note that these passes may not be used at IHSA tournament events.

## HOMECOMING

The homecoming parade and football game will be held on Friday, October 7, and the homecoming dance will be on Saturday, October 8.



## PHYSICAL FORMS

Student-athletes in all grade levels must turn in an updated physical form to the Athletic Office by August 1.

## FALL SPORTS PICTURES

All fall sports pictures will be taken on Saturday, August 20. See your coach for times and information.

# SCHOOL CALENDAR

Tues. - Thurs.	August 2 - 4	Distribution Days
Mon. - Wed.	August 8 - 10	Institute Days - No Classes
<b>Thursday</b>	<b>August 11</b>	<b>First Day of School - ALL STUDENTS</b>
Monday	September 5	Labor Day - No School
Wednesday	September 7	Parents' Night/Early Release
Fri. - Sat.	October 7 - 8	Homecoming Game/Dance
Monday	October 10	Columbus Day - No School
Tuesday	November 8	Election Day - No School
Wed. - Fri.	Nov. 23 - 25	Thanksgiving Holiday - No School
Friday	December 16	Last Day of School in 2022 - End of First Semester
Mon. - Mon.	Dec. 19, 2022 - Jan. 2, 2023	Winter Break - No School
Tuesday	January 3, 2023	Institute Day - No Classes
Wednesday	January 4	Classes Resume - First Day of Second Semester
Monday	January 16	Martin Luther King, Jr. Day - No School
Monday	February 20	Presidents' Day - No School
Mon. - Fri.	March 27 - 31	Spring Break - No School
Monday	April 3	Classes Resume
Friday	April 7	Day of Non-Attendance - No School
Friday	April 28	School Improvement Day - Early Release
Saturday	May 13	Graduation Ceremony, Class of 2023
Friday	May 19	Last Day of School (if no Emergency Days are used)
Friday	May 26	Last Day of School (if all Emergency Days are used)

*\*Every Monday that school is in session will be a "Late-Start Monday," with classes beginning at 8:10 a.m.*

*\*\*A current calendar is maintained on the school website. The online version is updated after each emergency closing day.*

## SAVE THE DATE

## PARENT'S NIGHT

**SEPTEMBER 7, 2022 | 7:00 PM**



Parents & Guardians are encouraged to attend Parent's Night. This is your opportunity to visit each of your student's classrooms, meet their teachers and learn about the courses.